



**Making Life
Better Together**



**South West London and
St George's Mental Health**
NHS Trust



Mental Health First Aid Champion Training

Tooting Family Hub, Friday 13 June 2025, 9-4pm

You are invited to attend a FREE training session hosted by South West London and St George's Mental Health NHS Trust. This session is being organised for black and brown women in Wandsworth and is designed to break mental health stigma, raise mental health awareness and improve mental health literacy.

This is part of our Trust's ongoing commitment to working with our partners and communities to Make Life Better Together across South West London.



**Places are limited! Scan the QR code to join the 200
Champions already trained** or email Priya Samuel for more
information on Priya.Samuel@swlstg.nhs.uk or call 07870
856 010



Respectful



Open



Collaborative



Compassionate



Consistent